

Hair Transplantation

"Your natural hair — permanently restored."

What is Hair Transplantation?

Hair transplantation is a procedure where hair follicles from a **donor area** (usually the back or sides of your scalp) are moved to **balding or thinning areas**.

- ✓ Your **own natural hair**
- ✓ Grows permanently
- ✓ Can be cut, styled, or shaved like normal hair

Main Techniques

1. FUE – Follicular Unit Extraction

- Hair follicles are **extracted one by one** using a micro punch
- No stitches
- Tiny dot-like scars, nearly invisible
- Quick healing, less discomfort
- Suitable for people who prefer **short hairstyles**

🕒 Recovery: 5–7 days

💡 Ideal for: Mild to moderate hair loss, early stages of baldness

2. FUT – Follicular Unit Transplantation (Strip Method)

- A thin **strip of scalp** is removed from the back of the head
- Individual follicles are prepared under a microscope
- Donor area closed with stitches, leaves a **linear scar** (hidden under hair)

🕒 Recovery: 10–14 days

💡 Ideal for: Patients with **advanced hair loss** who need a **larger number of grafts**

3. Combination of FUE + FUT

Best of both worlds

- First, FUT is done to get a **large number of grafts**
- Then, FUE is used to extract **additional grafts** from around the strip or beard/body

Maximizes graft yield in a single session

💡 Ideal for:

- **Advanced baldness (Norwood 5-7)**
- **Repeat transplant** (if donor area is limited)
- **Dense hairline + crown coverage**

Feature	FUE	FUT	FUE + FUT Combo
Scarring	Tiny dots	Linear scar	Both (hidden well)
Graft yield	Moderate	High	Very High
Recovery Time	5–7 days	10–14 days	7–10 days
Best For	Early/moderate baldness	High-grade baldness	Maximum coverage in one go
Shaving Required?	Usually yes	Usually no	Depends on strategy
Repeatability	Yes	Limited	Maximized donor use

Who is it for?

- **FUE:** Young patients, small bald areas, short hairstyle lovers
- **FUT:** Need more grafts in one session, long hair hides scar
- **Combo:** High-grade baldness, limited donor zone, second-time transplant

Final Word:

Hair transplantation is not **one-size-fits-all**. The right technique depends on your **baldness level, donor area, and personal goals**.

An expert surgeon will tailor a plan — FUE, FUT, or a **combination** — to give you the most natural and long-lasting results.